



ENGAGING OTHERS THROUGH PRAYER

Prayer: Amy

Prayer in the Classroom, at Meetings, & Personal

Setting-up for Success

- Create a prayer environment—set-up prayer table/corner/roles for students
- Decorate based on liturgical seasons
- Do at same time each day to create a habit
- Tie holidays into prayer themes; utilize the Saints
- Be creative
- Incorporate different ways of engaging students & adults
 - Scripture or Song—Psalms Project
 - Skits, Journaling, Small groups and share
 - Incorporate silence
- Does not have to be long

Incorporate the Saints

- Saints on the calendar
- Marian titles of the Calendar

Make it hands on

- Hand out: WEBSITES & RESOURCES FOR LITURGY (below)
- The Chosen series—show clips or certain episodes that tie into liturgical year
- Passover meal-relate Eucharist (matzah, bitter herbs-parsley salt water, grape juice)
- Write their own reflections for Stations of the Cross
- Prayer with sacred images—Saint John's Bible, icons, prayer card images
- Projects to start in classroom but keep up at home
 - Pray a specific psalm; Acts of Kindness; Pray rosary & challenge students to pray at home as well; Stations of the cross

Church Teaching

- Handout: CATHOLIC PRAYER GUIDE (separate attachment)
 - Breakdown of part IV of the Catechism on prayer & focuses on four types of prayer
 - Adoration/Blessing
 - Intercessory
 - Petition
 - Thanksgiving
 - Praise
- Bulk handout: EXTRA PRAYERS (separate attachment)
- REMEMBER: there is no one way to pray but we learn to pray with all forms of prayer—must spend time in Blessing/Adoration; Intercession; Thanksgiving; Praise

Closing Prayer

- Sister Cathy

WEBSITES & RESOURCES FOR LITURGY

Apps/Podcasts/Resources

- AMEN app: [Amen \(amenapp.org\)](http://amenapp.org) or [Amen: Formed Catholic Prayers - Apps on Google Play](#)
 - Augustine Institute: rosary, music, meditations, Bible in a year, stories for sleep, etc.
- Ascension Press: [Ascension App \(ascensionpress.com\)](http://ascensionpress.com)
 - Catechism in a Year, Bible in a Year, other prayer resources
- Formed: [FORMED | On-Demand Catholic Movies, Audio Books, Podcasts & More](#)
 - Many parishes have subscription for parishioners to use for free—contact parish for login
- Hallow app: [Hallow – The #1 Catholic Meditation, Prayer & Sleep App](#)
- iBreviary: [Home - Liturgy Training Publications \(itp.org\)](http://itp.org)
- iMissal: [iMissal - Catholic App and Roman Missal: Missal, Missalette, Calendar, Mass Readings, Lectionary, Roman Missal](#)
- Laudate: [Laudate - #1 Catholic App on the App Store \(apple.com\)](http://apple.com)
- Psalms put to music: [The Psalms Project - Official Site - Setting All 150 Psalms to Music](#)
- Saints of Color Novena (The Jesuit Post): [The Saints of Color Novena - The Jesuit Post](#)
- Seeing the Word (The Saint John's Bible): <http://www.seeingtheword.org/> (Visio Divina)

Liturgical Texts

- E-Breviary – Liturgy of the Hours: <http://ebreviary.com>
- Universalis: [Universalis home page](#)
 - Readings at Mass, Liturgy of the Hours
- Daily Readings: <http://www.usccb.org/bible/readings/052913.cfm>
- Roman Missal: [Roman Missal: Roman Catholic Church: Free Download, Borrow, and Streaming: Internet Archive](#)
- General Instruction of the Roman Missal: [General Instruction of the Roman Missal | USCCB](#)
- Liturgical Calendar: [Archdiocesan Liturgical Calendar & Guidelines | Sacred Worship | Archdiocese of St Louis \(archstl.org\)](#)
 - Liturgical Calendar for Archdiocese of St. Louis (adapted from USCCB calendar)
- The Catholic Calendar: <http://www.easterbrooks.com/personal/calendar/>
- The Sunday Website of St. Louis University: <http://liturgy.slu.edu/> (Readings, music, petitions)

General Resources

- Catholic Encyclopedia: <http://www.catholic.org/encyclopedia/>
- Institute for Christian Formation – <http://www.instituteforchristianformation.org/>
- National Association of Pastoral Musicians – <http://www.npm.org/>
 - St. Louis Local musicians – <http://npmstlouis.org/>
- Pray Tell: Worship, Wit and Wisdom: <http://www.praytellblog.com/>
- United States Conference of Catholic Bishops: <http://www.usccb.org/>

Liturgical Book Publishers

- Adoremus: [Home - Adoremus](#)
- Catholic Book Publishing: [Catholic Book Publishing - Catholic Book Publishing](#)
- Little Books: [Little Books | Little Books](#)
- Liturgical Press: [Liturgical Press: Deepening the Faith and Knowledge of a Richly Diverse Church \(litpress.org\)](#)
- Liturgy Training Publications: [Home - Liturgy Training Publications \(itp.org\)](http://itp.org)
 - Great materials for parishes and if order through worship office get 15% discount
- Twenty-Third Publications: [Twenty-Third Publications \(twentythirdpublications.com\)](http://twentythirdpublications.com)