



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
January 4

Lectionary: 207 Saint Elizabeth Ann Seton, religious

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

1 Jn 3:7-10

Children, let no one deceive you. The person who acts in righteousness is righteous, just as he is righteous. Whoever sins belongs to the Devil, because the Devil has sinned from the beginning. Indeed, the Son of God was revealed to destroy the works of the Devil. No one who is begotten by God commits sin, because God's seed remains in him; he cannot sin because he is begotten by God. In this way, the children of God and the children of the Devil are made plain; no one who fails to act in righteousness belongs to God, nor anyone who does not love his brother.



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Responsorial Psalm

Ps 98:1, 7-8, 9

R. (3cd) All the ends of the earth have seen the saving power of God.

Sing to the LORD a new song, for he has done wondrous deeds; His right hand has won victory for him, his holy arm.

R. All the ends of the earth have seen the saving power of God.

Let the sea and what fills it resound, the world and those who dwell in it; Let the rivers clap their hands, the mountains shout with them for joy before the LORD.

R. All the ends of the earth have seen the saving power of God.

The LORD comes; he comes to rule the earth; He will rule the world with justice and the peoples with equity.

R. All the ends of the earth have seen the saving power of God.



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Gospel

Jn 1:35-42

John was standing with two of his disciples, and as he watched Jesus walk by, he said, "Behold, the Lamb of God." The two disciples heard what he said and followed Jesus. Jesus turned and saw them following him and said to them, "What are you looking for?" They said to him, "Rabbi" (which translated means Teacher), "where are you staying?" He said to them, "Come, and you will see." So they went and saw where he was staying, and they stayed with him that day. It was about four in the afternoon. Andrew, the brother of Simon Peter, was one of the two who heard John and followed Jesus. He first found his own brother Simon and told him, "We have found the Messiah," which is translated Christ. Then he brought him to Jesus. Jesus looked at him and said, "You are Simon the son of John; you will be called Cephas," which is translated Peter.