

## Answer the phone.....for better health!

**The phone is ringing. Caller ID says its UnitedHealthcare or OptumHealth (a wholly owned subsidiary of UnitedHealth Group).... What do they want? Pick up the phone and find out.**

This is one call you don't want to miss. In fact, it might change your life. Archdiocese of St. Louis asked UnitedHealthcare and OptumHealth to contact Archdiocese of St. Louis employees to offer valuable health services.

If you receive a call, it is because they have identified you as someone who could benefit from a telephone conversation with a nurse regarding programs like Personal Health Support, Healthy Pregnancy or Cancer Resources Services. These are not sales calls; no one will try to sell you anything. So, go ahead and answer the phone. You will be happy you did!

Here is what you can expect from the calls:

A nurse employed by UnitedHealthcare or OptumHealth may call you and suggest you participate in a clinical management program. The nurse might even call to simply check in and assist you with your healthcare needs. You may receive a call from a nurse if:

- You or a family member has a chronic medical condition
- You or a family member was recently hospitalized
- You are pregnant



*We are dedicated to safeguarding your privacy. UnitedHealthcare and OptumHealth do not share your name — or any other identifying information — with Archdiocese of St. Louis. Your conversations will remain confidential.*