



## Right START Program Summary

### Lesson 1: Fetal Development

- 1) We are all made in God's image and likeness. We are called to love as God loves.
- 2) We receive our body and soul at conception. Our physical life ends at natural death, but our spiritual life continues.
- 3) Be able to name some developmental milestones of the unborn child.
- 4) Know that the child in the womb is considered a patient and is medically treatable
- 5) Video: "The Miracle of Life"

### Lesson 2: Abortion

- 1) Understand the significance of Roe vs. Wade and Doe vs. Bolton
- 2) Know abortion methods
- 3) Know the physical, emotional, and spiritual consequences of abortion.
- 4) How to help a friend - Know where to go and where not to go for help
- 5) Learn about forgiveness, post-abortion counseling - Project Rachel/Project Joseph.
- 6) Understand why abortion is wrong even in "hard" cases.
- 7) Video: "Abortion: A Matter of Life or Death"

### Lesson 3: Chastity – Because God Loves Us

- 1) Realize that God wants us to enjoy **real** love.
- 2) Understand that there are many ways to express love and love does not equal sex.
- 3) Appreciate that our sexual nature, love, chastity and free will are gifts from God.
- 4) Understand the physical, emotional, and spiritual consequences of sexual activity outside of marriage.
- 5) Realize the benefits now and in the future of choosing chastity.

### Lesson 4: You Make a Difference

- 1) Appreciate that God designs every life for a purpose.
- 2) Understand how to be powerful with God's truth. Knowledge + Action = Power.
- 3) Understand the effects of personal choices on self and others.
- 4) Think and discuss ways to prevent, avoid, and get out of difficult, unhealthy situations.
- 5) Video: "Why I Choose Chastity"

### Lesson 5: Prayer Service

- 1) Challenge to love as God loves.
- 2) A personal commitment to God and self to seek out His unique plan.