



Front Cover of Trifold Brochure

MARRIAGE PREPARATION

A Message from
Archbishop Mitchell T. Rozanski

Congratulations on your engagement! The Church rejoices with you and is grateful for the gift of your loving commitment to each other. The Church offers her loving support including special graces from the Holy Spirit through the Sacrament of Marriage to strengthen you in living the fullness of your lives together in marital love.

The Archdiocese of St. Louis joins you in responding to God's call. As you participate in your marriage preparation program, you will be enriched to live God's call to holy love in marriage and family life. This marriage preparation will provide you with life skills and faith formation to live your married life to its fullest, for the rest of your lives. You can be assured of my prayers and may God bless you with His love and abundant graces.

Sincerely yours in Christ,

Most Reverend Mitchell T. Rozanski
Archbishop of St. Louis



Sample of a Portion of the Contents

The First 6 Steps to a Rewarding Marriage Preparation Experience

Step 1 Meet with Parish Priest or Deacon



WHEN: Six to twelve months prior to your wedding

- As soon as possible after your engagement, contact your priest or deacon to assist you with your marriage preparation.
- At the initial meeting he will determine if you and your fiancé(e) are free to marry in the Church; he will provide you with information for completing Steps 2-6 of this process; and he will set up a schedule for future meetings.



Step 2 Marriage Preparation Inventory

WHEN: As soon as possible after meeting with your priest or deacon

- Complete a marriage preparation "inventory," which is a set of questions to help you assess the strengths and weaknesses of your relationship and any areas that need further discussion or attention.

WHEN: Ideally, six to ten months before your wedding

Step 3 The Marriage Preparation Course

- To complement the "inventory," the Archdiocese offers an excellent marriage preparation program designed to introduce you to God's plan for your marriage.
- The course also includes virtue-based instruction on communication, conflict resolution, and financial decision-making.
- Some parishes offer this program within the parish with a mentor couple.
- To register online, visit: archstl.org/marriageprep.

Step 4 Natural Family Planning Intro

WHEN: Six to eight months before your wedding

- Natural Family Planning (NFP) is not only effective for planning your family it is also highly effective in overcoming obstacles that compromise your ability to become parents. You will find the list of NFP classes at: archstl.org/natural-family-planning.



The Office of Marriage and Family Life has FREE copies available of the above updated marriage prep trifold brochure. This brochure is also available in Spanish.

Each English brochure comes with a class schedule insert.

Please contact Paul Duker at 314.792.7178 or paulduker@archstl.org.