



**Archdiocese of St. Louis  
Office of Sacred Worship  
Lectio Divina**

**Saturday of the Fourth Week in Ordinary Time Year I**

**Lectionary: 328: Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6/Jn 10:27/Mk 6:30-34**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Reading**

*Heb 13:15-17, 20-21*

Brothers and sisters: Through Jesus, let us continually offer God a sacrifice of praise, that is, the fruit of lips that confess his name. Do not neglect to do good and to share what you have; God is pleased by sacrifices of that kind.

Obey your leaders and defer to them, for they keep watch over you and will have to give an account, that they may fulfill their task with joy and not with sorrow, for that would be of no advantage to you.

May the God of peace, who brought up from the dead the great shepherd of the sheep by the Blood of the eternal covenant, furnish you with all that is good, that you may do his will. May he carry out in you what is pleasing to him through Jesus Christ, to whom be glory forever and ever. Amen.



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**Responsorial Psalm**

*Ps 23:1-3a, 3b-4, 5, 6*

**R. (1) The Lord is my shepherd; there is nothing I shall want.**

The LORD is my shepherd; I shall not want. In verdant pastures he gives me repose. Beside restful waters he leads me; he refreshes my soul.

**R. The Lord is my shepherd; there is nothing I shall want.**

He guides me in right paths for his name's sake. Even though I walk in the dark valley I fear no evil; for you are at my side with your rod and your staff that give me courage.

**R. The Lord is my shepherd; there is nothing I shall want.**

You spread the table before me in the sight of my foes; you anoint my head with oil; my cup overflows.

**R. The Lord is my shepherd; there is nothing I shall want.**

Only goodness and kindness follow me all the days of my life; and I shall dwell in the house of the LORD for years to come.

**R. The Lord is my shepherd; there is nothing I shall want.**



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**Alleluia**

*Jn 10:27*

**R. Alleluia, alleluia.**

My sheep hear my voice, says the Lord; I know them, and they follow me.

**R. Alleluia, alleluia.**

**Gospel**

*Mk 6:30-34*

The Apostles gathered together with Jesus and reported all they had done and taught. He said to them, "Come away by yourselves to a deserted place and rest a while." People were coming and going in great numbers, and they had no opportunity even to eat. So they went off in the boat by themselves to a deserted place. People saw them leaving and many came to know about it. They hastened there on foot from all the towns and arrived at the place before them.

When Jesus disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things.