Prayer of Hope

God of Love and Mercy, ease my burdens, calm my anxieties, strengthen my faith and increase my trust and confidence in Your caring goodness.

Bless me each day with Your healing grace, with health in mind and body, and a heart filled with hope and peace.

Grant me the courage I need, dear Lord, to face all difficulties, knowing that with Your help, miracles happen and lives are restored.

Amen.