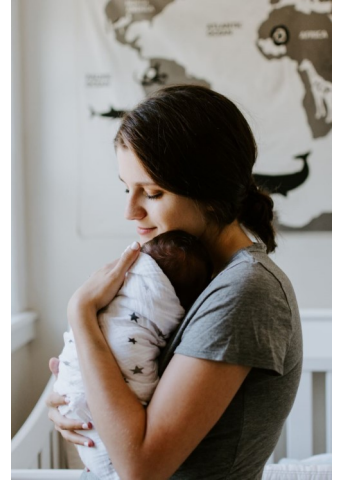




Step 1: Praying to Save Preborn Children & Empower Missouri Women

"Only with prayer...will the culture of death that surrounds us today be replaced with a Culture of Life."
~ USCCB Pastoral Plan for Pro-Life Activities

This flyer outlines ways to implement **Step 1: Pray** of the **5 Things You Can Do Right Now to Save the Preborn & Empower Missouri Women.** Be bold and confident in asking our Good Lord's help in defeating any November 2024 pro-abortion ballot initiative petition. Pray — and invite others to pray — to save preborn babies and empower moms.



1. Join or Start Regular Prayers for Life

Participate in existing pro-life prayer efforts or ask your pastor to start new parish ones.

⇒ Resources for pro-life Holy Hours, Litanies, Rosaries, petitions, and more:

usccb.org/pro-life-prayer

respectlife.org

⇒ Prayers specifically for pregnant and parenting moms:

walkingwithmoms.com/pray-for-moms

2. Join in Archdiocesan Prayer Efforts:

⇒ *140 Prayer Days for Life:*

bit.ly/PrayForLife-2024

⇒ *First Saturday Prayer Campaign*

⇒ *Prayer/Card to Defeat the Missouri Pro-Abortion Ballot Initiative*

For both of the above, click the links (electronic flyer) or visit: STLRespectLife.org

3. Fast & Pray

Fasting, or offering something up to God out of love for Him and others, is another powerful spiritual practice in addition to your pro-life prayers.

4. Spiritual Adoption

Spiritual adoption involves praying for preborn children and their mothers, learning about fetal development, and taking part in a local Walking with Moms effort. Contact the RLA for free program materials and to learn more.

5. Prayer & Peaceful Witness

Save lives and change hearts through prayer and peaceful public witness during:

⇒ Life Chain (October, Local Parishes)

STLRespectLife.org

⇒ March for Life (January, Washington, DC)

marchforlife.org/national-march-for-life/

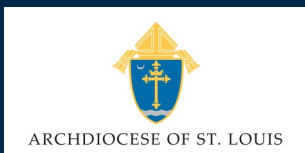
⇒ Midwest March for Life (Spring, Jefferson City, MO)

midwestmarchforlife.com

⇒ March on the Arch (March, St. Louis)

coalitionlife.com/march-on-the-arch/

⇒ 40 Days for Life (Spring & Fall, Missouri and Illinois): www.40daysforlife.com/en/



For additional resources about the Missouri Ballot Initiative:
Respect Life Apostolate - Archdiocese of St. Louis
prolife@archstl.org — archstl.org/respect-life-apostolate/programs/public-policy

