

# LOOKING FOR FAMILY SUPPORT?



Family life is full of blessings, but even when you're doing your best, there are times you may need extra support.

Here are many quality financial, spiritual, emotional, and housing resources to help you and your family.

A complete listing of all support providers and contact information is available online at [WalkingWithFamiliesSTL.com](http://WalkingWithFamiliesSTL.com)



[WalkingWithFamiliesSTL.com](http://WalkingWithFamiliesSTL.com)  
**314.792.7555**



WALKING  
WITH  
*Families*



RESPECT LIFE  
APOSTOLATE



ANNUAL  
CATHOLIC  
APPEAL

## RESOURCE GUIDE

♥ Financial ♥ Spiritual ♥ Emotional ♥ Housing ♥

[WalkingWithFamiliesSTL.com](http://WalkingWithFamiliesSTL.com)

# SUPPORT FOR YOUR FAMILY



DO YOU WANT TO:

*Strengthen and enrich your marriage*

*Educate and nurture your children*

*Provide essentials*

*Grow closer to God?*

The many St. Louis area organizations listed here and on our online page can help you do that and more.

Through prayer, guidance, and God's love, you and your family will find the support it needs whether financial, spiritual, emotional, or housing.

View a complete list at [WalkingWithFamiliesSTL.com](http://WalkingWithFamiliesSTL.com).

FINANCIAL	EMOTIONAL	SPIRITUAL	HOUSING	ORGANIZATION NAME	FINANCIAL	EMOTIONAL	SPIRITUAL	HOUSING	ORGANIZATION NAME
				Archbishop Robert J. Carlson Adoption Grant					Roman Catholic Foundation - The Conversation Series (senior/end-of-life)
				Cardinal Ritter Senior Services					Rural Parish Mobile Clinic (adult dental/medical care)
				Catholic Charities of St. Louis					Safe Families for Children (crisis care)
				Catholic Renewal Center (spiritual direction/support groups)					Salvation Army Gateway Citadel
				Faith Alive in the Home (Pre-K faith education)					St. Francis Borgia Food Pantry (Franklin County)
				Fathers & Families Support Center (helping fathers parent)					St. Louis Arc (disability programs)
				Feed My People Food Help Program (St. Louis/High Ridge)					St. Louis Area Foodbank
				Good Shepherd Children & Family Services					St. Louis Counseling (Catholic mental health)
				Horizon Housing Foundation (family/senior housing solutions)					St. Louis Crisis Nursery (St. Louis/St. Charles)
				Knights of Columbus - Fathers for Good					St. Martha's Hall (domestic violence help)
				Marygrove (psychological care for minors)					St. Michael the Archangel Food Distribution Center (Shrewsbury)
				Missouri Catholic Conference: Health Care Directive (health care directive/end-of-life)					Sts. Joachim & Ann Care Service (food pantry/support)
				Office of Marriage and Family Life					Society of St. Vincent de Paul (comprehensive parish-based help)
				Office of Natural Family Planning (fertility appreciation-based family planning and miscarriage/infertility support)					The Emergency Food Assistance Program (TEFAP)
				One Classroom (special needs children)					Today & Tomorrow Foundation (Catholic scholarships)
									Walking with Moms St. Louis (pregnant mom support)